

# Dr Carolyn Tyson

CONSULTANT CLINICAL PSYCHOLOGIST  
BSC (HONS) DClinPsy, C.PSYCHOL AFBPS

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## PROFILE

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Dr Carolyn Tyson is an HCPC Registered Clinical Psychologist providing medico-legal assessment and therapeutic work in the areas of personal Injury, clinical negligence, adult mental health, and cognitive impairment. Dr Tyson has been a leading provider of psychological expert witness and therapy services in the southwest of England and beyond, and she has over fourteen years' experience as an expert witness. Dr Tyson undertakes regular medical-legal assessments for the Civil, Criminal and Family Courts (including child assessments for the civil court). Dr Tyson undertakes approximately 40 reports for the Courts per annum (Civil Court breakdown: Claimant: 70%, Joint: 10%, Defendant: 20%). Dr Tyson's particular areas of expertise and interest include psychological trauma (including the psychological impact of clinical negligence, personal injury (including acts of terror), work-related accidents and stress, and chronic pain). Dr Tyson also provides expert witness assessments including adult psychological state, IQ and cognitive functioning, mental capacity, fitness to plead, and she has experience of giving oral evidence in Court. Dr Tyson specialises in working with and treating severe and enduring mental health difficulties, chronic pain, psychological trauma, work-related stress, and personality difficulties. Dr Tyson is also a trained Civil Mediator.

Dr Tyson is currently instructed as Medical Expert on behalf of The Department for Business and Trade (DBT) in the ongoing compensation claims arising from the GPO sub postmasters/Horizon case.

## EXPERTISE

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### Psychological Assessments:

- Clinical negligence
- Personal injury
- Psychological trauma (including PTSD)
- Mood disorders, stress, and anxiety
- Chronic pain
- IQ and Cognitive assessments
- Mental health assessments
- Mental capacity assessments
- Adult ADHD assessments

### Therapeutic Interventions:

- Psychological trauma
- Anxiety and mood disorders
- Stress-related illness (including work-related stress)
- Eating Disorders
- Eye-movement Desensitization Reprocessing (EMDR)
- Cognitive Behaviour Therapy (CBT)
- Interpersonal Psychotherapy (IPT)
- Interpersonal Psychotherapy (IPT)
- Solution Focused Brief Therapy
- Compassion Focused Therapy
- Acceptance & Commitment Therapy (ACT)

## EDUCATION

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University	Subject	Qualification	Year
University of Hertfordshire	Clinical Psychology	Doctorate	2004
University College London	Psychology	BSc (Hons)	1998
Birkbeck College London	Forensic Psychology	Certificate	1996
Birkbeck College London	Psychology	Diploma (Awarded the Gilchrist Prize)	1995

## EMPLOYMENT HISTORY

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**Clinical Psychologist (2019 to the present)**

Expert witness, providing assessment and psychological therapy services.

**Psychology South West**

**Clinical Psychologist (2009 – 2019)**

Clinical & Medico-Legal Lead.

Expert witness, providing assessment and psychological therapy services.

**Clear Psychology**

**Clinical Psychologist (2009-2012)**

Lead supervisor for Cornwall IAPT service

**Outlook South West**

**Highly Specialist Clinical Psychologist (2004-09)**

Eating Disorder Service and Adult Mental Health.

**Cornwall Partnership NHS Trust**

**Trainee Clinical Psychology, Doctoral Program (2001-04)**

**Hertfordshire NHS Foundation Trust**

**Assistant Psychologist (1998-01)**

Department of Neuropsychology

Adult ADHD Clinic

Child & Adolescent Mental Health Services (CAMHS).

**South London & Maudsley Hospital (NHS) Trust**

**Honorary Research Fellow (1998-01).**

**The Institute of Psychiatry**

**Panel member, Youth Offending Panel (1995-98)**

London Borough of Hammersmith & Fulham

**Youth Offending Service**

**UK Music Business (1982-1995)**

Various including A&R, press, and marketing.

## ADDITIONAL INFORMATION

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1. Health & Care Professions Council registered (HCPC PYL22579)
2. Associate Fellow of the British Psychological Society & Division of Clinical Psychology (BPS 091388)
3. The Association of Personal Injury Lawyers (APIL) – Associate Member, First Tier
4. UK Register of Expert Witnesses
5. Bond Solon Court skills training
6. Published in professional journals and texts.

## CONTINUED PROFESSIONAL DEVELOPMENT

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In line with BPS, Division of Clinical Psychology (DCP) and HCPC guidelines, Dr Tyson is committed to ongoing professional development. Dr Tyson is also subject to continuing clinical supervision and acts as a peer supervisor.

Recent CPD events include:

2023	Bond Solon Expert Witness Conference
2022	BPS: Psychological Impact of Trauma on the Brain Webinar
2022	Division of Clinical Psychology Annual Conference

2022	BPS Webinar: Working psychologically with perinatal loss and separation
2022	Xperta, expert witness conference
2021	Mental Health Academy/BPS Suicide Prevention Summit (2 day conference)
2021	BPS Webinar: Expert Witness Conference
2020	Bond Solon Expert Witness Conference
2020	BPS Webinar: Presenting Expert Witness Evidence in Court
2020	BPS Webinar: Introduction to the Psychology of Cosmetic Surgery and Aesthetic Intervention
2020	BPS Webinar: Managing Expert Witness Meetings

Complete CPD available on request.